






January 2026 Calendar
Telegroup Phone Number: 1-(720)-740-9050

\$\$ - Bring money for Social Outings, Red Groups can be done over the phone.

MON 9:30 – 4:30	TUE 9:30-4:30	WED 9:30 – 4:30	THU 1:00-4:00	FRI 9:30 – 4:30
			<u>1</u> Center Closed	<u>2</u> Center Closed
<u>5</u> Beginner's Computer Class <u>10:00-11:00</u> Conflict Resolution Job Skills <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>6</u> Advanced Computer Class <u>10:00-11:00</u> Floral Design <u>1:00-2:00</u> Movie Analysis <u>2:30-3:30</u>	<u>7</u> Consumer Programing <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> NOW SERVING LUNCH Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>8</u> Center Closed	<u>9</u> New Years Resolution <u>10:00-11:00</u> Burgers and Bowling <u>1:00-4:00</u> 
<u>12</u> Beginner's Computer Class <u>10:00-11:00</u> Principles of Peer Support <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>13</u> Advanced Computer Class <u>10:00-11:00</u> Music Analysis <u>1:00-2:00</u>  Board Meeting <u>2:30-3:30</u>	<u>14</u> Friendly Concerns <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> NOW SERVING LUNCH Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>15</u> Center Closed	<u>16</u> Shopping At The Mall <u>1:00-4:00</u> 
<u>19</u> Martin Luther King Day Center Closed	<u>20</u> Advanced Computer Class <u>10:00-11:00</u> Grief Group <u>1:00-2:00</u> Meditation Analysis <u>2:30-3:30</u>	<u>21</u> GED Class <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> NOW SERVING LUNCH Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>22</u> Center Closed	<u>23</u> 
<u>26</u> Newsletter Assembly <u>10:00-11:00</u> Mindful self compassion <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>27</u> Advanced Computer Class <u>10:00-11:00</u>  Food Bank Run <u>1:00-4:00</u>	<u>28</u> GED Class <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> NOW SERVING LUNCH Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>29</u> Center Closed	<u>30</u> Fear In A Hat <u>10:00-11:00</u> Birthday Bingo <u>1:00-4:00</u> 